



MBMD Siemens B2C (MASTER)

≡ [common.menu]



How to reduce food waste in your kitchen.

Reducing food waste just takes some creativity and a new way of looking at your food.

Store your ingredients the right way.

Maximise your refrigerator by storing items in the right place. The refrigerator compartment is the best location for dairy products, ready meals and pastries. Vegetables and fruits should be kept in the hyperFresh drawer below. It's designed to provide the perfect environment to keep everything fresh and crispy. If your refrigerator model has a dedicated drawer for meat and fish, this is the perfect place to store them to retain their freshness. Note that the features of your appliance depend on the model.

Identify the produce that needs to be separated.

Some products should not be stored in cold temperatures. Tropical and subtropical fruit and vegetables lose flavour and texture if chilled. To avoid this, don't store sensitive produce like bananas, tomatoes, or avocados in the fridge. Place them at room temperature away from your other produce. And for your other products, the hyperFresh technology lets you to store fruits and veggies in optimal conditions. Select the right temperature and humidity and let hyperFresh maximise their freshness.



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Harness the power of your freezer.

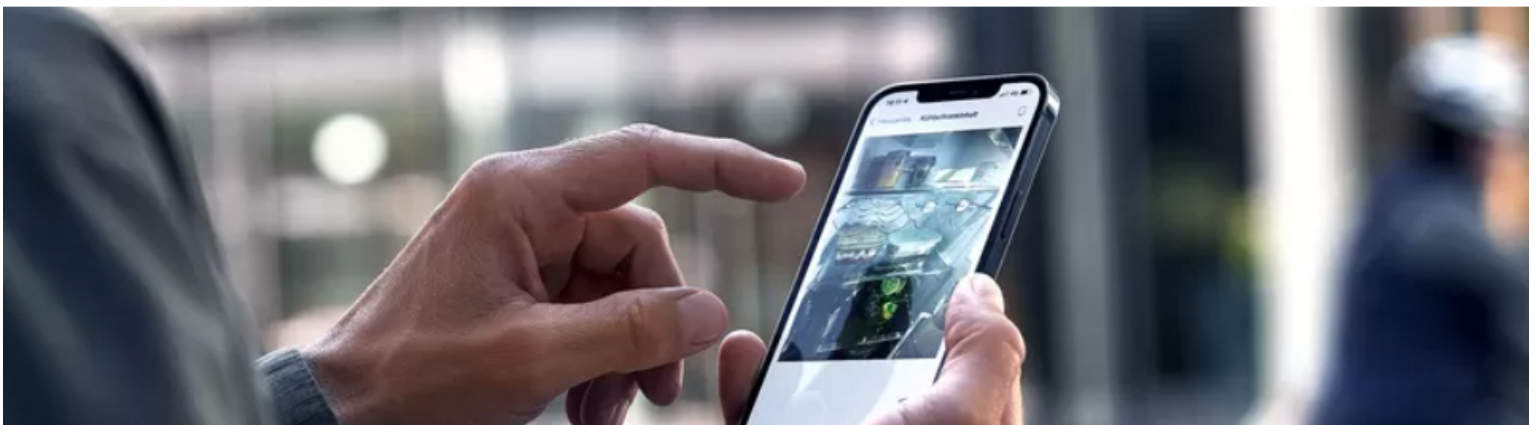
Use the freezer to preserve pre-cut fruits that are about to spoil. When you need to make a quick and healthy smoothie, simply grab the frozen fruits you need and blend them together with milk or water, and some ice. You can also freeze portioned leftover soups, stews, or stocks. Have too much bread? Freeze it in slices and toast them in the toaster or oven when you need them.

Don't let food sit out for long.

Don't leave prepared food out for a long time. If you want to prepare a meal now but serve it later, use the Siemens warming drawer to keep it warm. It keeps food, drinks and dishes evenly warm at temperatures between 30°C and 80°C without the risk of spoiling.

Use veggie scraps for stocks.

Don't throw out your vegetable scraps like the tops, stalks, and peels. Gather them and freeze them. When you have enough, simmer everything in a pot of water to create a vegetable stock that can be the beginning of a great broth or sauce.





Buy only what you need.

Always prepare a grocery list so you only get items that you need. Not quite sure what's in your fridge? Use the in-fridge camera to check on your food using your phone. With the Home Connect app, you can check it from anywhere. It can even advise you on how to best store your food.



Shop with purpose.

Becoming a skilled home cook is more than just about understanding the basics of cooking. It also means becoming a more conscious consumer. Examine your regular grocery shopping habits. Determine how you can buy and consume more sustainably.

[➤ How to shop more sustainably](#)



Explore healthy eating.

Eating well and healthily brings a lot of benefits. But sometimes making the right food choices at home can still be difficult. The secret is making small but significant choices in your kitchen. Do them consistently and form a healthy habit.

[➤ Onwards to good health](#)



Discover meat-free meals.

Starting a plant-based diet begins with making small decisions that have a big impact. Step back and look at your kitchen routine and determine where you can introduce meat-free options. Also learn to maximise the many functions of your kitchen.

[➤ Begin eating better](#)

Excess food purchases are now a thing of the past with Home Connect.

Did you know that you can make reducing food waste easier with Home Connect? It can help you avoid overbuying food and other groceries. Using the Home Connect app, check the inside of your fridge through the two cameras integrated in your appliance. This way, you'll always buy what you only need. Connect your home to a range of smart services and turn your life into a connected one.

DISCOVER CONNECTED COOLING



Innovation for sustainability Service and warranty

Sustainability is a matter for all of us. Discover how we at Siemens Home Appliances are taking our responsibility as one of the market leaders in the home appliance industry towards environmentally friendly behavior. Enabling exciting possibilities without compromise.

[> Find out now](#)

Do you have any technical questions about installing or setting up your fridge or freezer? Do you need support for pairing your home appliance? Or would you like to get information on using Home Connect? We are happy to assist you.

[> Get help and support](#)

Maintenance and care

With good care and cleaning, your appliance will retain its appearance and remain fully functioning for a long time to come. Explore our cleaning and care products for your Siemens fridge and freezer.

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